

GARROW CONSULTING, INC.

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BECKY GARROW, MPH

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Garrow Consulting, Inc. is a public health consulting agency that helps nonprofits, private, and government agencies achieve program, research, evaluation, and community wellness goals. Located in Sacramento, we are certified as a Women Owned Small Business, a California Small Business, and Approved CMAS Contractor.

PUBLIC HEALTH, RESEARCH, EVALUATION CONSULTANT SERVICES

15+ years public health, research, evaluation, and project management expertise, helping clients, and communities:

- Conduct HIPPA compliant electronic, hard copy, and in-person surveys;
- Facilitate focus groups and key informant interviews;
- Obtain Institutional Review Board (IRB) approvals for research and evaluation projects;
- Grant writing and project coordination;
- Collect, analyze, and disseminate results of qualitative and quantitative data;
- Conceive and execute research protocols and evaluation plans;
- Collect information in an accurate, culturally competent, and linguistically appropriate manner;
- Increase staff capacity with trainings and technical assistance;
- Meet project objectives and deadlines with protocols and strategic planning;
- Collaborate with other agencies and departments to achieve shared goals and objectives;
- Tailor projects to, and collaborate with, tribes, tribal health programs, churches, low-resource families, bilingual audiences, and other cultures and communities;
- Write and publish reports, briefs, practice papers, communication, health education materials;
- Develop abstracts and presentations for conferences and trainings.

Following is a select list of organizations consulted with. References available on request.

RECENT CLIENTS

	<p>Dairy Council of California // 2023-Present // www.dairycouncilofca.org</p> <p>Design evaluation plan; develop qualitative and quantitative data collection instruments, protocols, and monitoring. Train data collectors and synthesize and analyze data from surveys, focus groups, and key informant interviews for a nutrition intervention at an FQHC.</p>
	<p>Gender Spectrum // 2023 // www.genderspectrum.org</p> <p>Tailored training and technical assistance regarding qualitative and quantitative data cleaning, exporting, and data dashboard setup.</p>
	<p>International Medical Corps // 2023-Present // www.internationalmedicalcorps.org</p> <p>Copyediting for written products, including policies, procedures, procurements, standard operating practices, guidance documents, and other informational documents internal to the organization.</p>
<p>The Community College Foundation</p>	<p>The Community College Foundation // 2023-Present // www.communitycollege.org</p> <p>Federal and state (California) grant proposal copyediting and project coordination support.</p>
	<p>Los Angeles Dream Center // 2022-Present // www.dreamcenter.org</p> <p>Lead evaluation design, instrument development, process and outcome evaluation monitoring, and data collection oversight to support CBT and intensive case management for persons formerly incarcerated, funded by the California Violence Intervention and Prevention program.</p>
	<p>Klausner Research Group // 2022-Present // www.klausner.usc.edu University of Southern California (USC)</p> <p>NIH grant proposal copyediting and project coordination support.</p>
	<p>California Bridge // 2022-Present // www.cabridge.org</p> <p>Specialized project management for MAT and BUP resource materials and journal articles, synthesis of data and content, interviews with clinicians and program staff, tribal-specific projects, and copyediting for written products.</p>
	<p>Adventist Health // 2022 // www.adventisthealth.org</p> <p>Database design, dashboard development, and general research, project support, training, and technical assistance for a case-control nutrition study.</p>
	<p>Tulare County Health and Human Services // 2022-2024 // www.tchhsa.org</p> <p>Data analysis, annual reporting, and other evaluation technical support for the Community Health Workers for COVID Response and Resilient Communities (CCR) project, funded by the CDC, and targeting low-resource and farmworker communities in the San Joaquin Valley of California.</p>

 <p>CENTER FOR WELLNESS AND NUTRITION EDUCATION TRAINING ADVOCACY EVALUATION</p>	<p>Center for Wellness and Nutrition // 2022 // www.centerforwellnessandnutrition.org</p> <p>Research and evaluation consultant for the CalFresh Healthy Living Tribal Expansion Project. Technical support, data analysis, instrument design, and survey and focus group services to support a needs assessment for tribal communities and stakeholders in California.</p>
 <p>SACRAMENTO AREA BICYCLE ADVOCATES</p>	<p>Sacramento Area Bicycle Advocates // 2022-2024 // www.sacbike.org</p> <p>Research and evaluation support for the Sacramento May is Bike Month campaign, including data analysis, instrument review, and technical assistance.</p>
 <p>MERCY COALITION of west sacramento</p>	<p>Mercy Coalition of West Sacramento // 2022-2023 // www.wsmercycoalition.org</p> <p>Instrument design and qualitative and quantitative data collection and analysis for the Life Skills Mentoring Program, targeted to adults experiencing or at risk of homelessness.</p>
 <p>ARG ALCOHOL RESEARCH GROUP</p>	<p>Alcohol Research Group // 2021-2022 // www.arg.org</p> <p>Technical support and tailored staff trainings for qualitative data collection and qualitative analysis software (Dedoose) to support the Community College Smoke-free Policies: Disparities, Contexts and Strategies project.</p>
 <p>UCLA Fielding School of Public Health</p>	<p>University of California Los Angeles (UCLA) Fielding School of Public Health – Department of Epidemiology // 2021-Present // www.ph.ucla.edu</p> <p>Grant writing, research copyediting, and study design services to an independent researcher, in partnership with S&T Consulting.</p>
 <p>SNAHC Sacramento Native American Health Center a californihealth+.center</p>	<p>Sacramento Native American Health Center // 2021-Present // www.snahc.org</p> <p>Design and execute an evaluation federally funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). Sacramento Region COVID-19 Emergency Response (ReCOVER) provides needed services to people impacted by COVID-19 with substance use disorders and/or mental illnesses.</p>
 <p>California Consortium for Urban Indian Health</p>	<p>California Consortium for Urban Indian Health // 2021-Present // www.ccuuh.org</p> <p>COVID-19 messaging and ongoing guidance interpretation and implementation with the evolving coronavirus pandemic. Provide workplan syntheses, public health document review and copyediting, and other health promotion and communication strategy support.</p>
 <p>NATIONAL ASSOCIATION OF CHRONIC DISEASE DIRECTORS Promoting Health. Preventing Disease.</p>	<p>National Association of Chronic Disease Directors // 2020-Present // www.chronicdisease.org</p> <p>Evaluation and research services, including instrument design and data collection and analysis. Project management, coordination, and technical assistance to the National Association of Chronic Disease Directors Geographic Information Systems (GIS) Team to support Local, Tribal, Territorial, and State Health Department GIS and public health prevention strategies.</p>

	<p>Hospitality House // 2020-Present // www.hhshelter.org</p> <p>Local evaluation design, process and outcome evaluation monitoring, and data collection consulting services to support a partnership between HH and the Grass Valley Policy Department as a part of their proactive Homeless Outreach Team, funded by the California Violence Intervention and Prevention program.</p>
	<p>Tracing Health // 2020-Present // www.tracinghealth.org</p> <p>Specialized project support and training resources to help build capacity for COVID-19 contact tracers, contact notifiers, and case investigators working in Oregon, Washington, and California.</p>
	<p>National Opinion Research Center University of Chicago // 2020-Present // www.norc.org</p> <p>Technical support and qualitative research for effective tribal survey engagement on the California Communities Mental Health Services Survey for CDPH and the California Pan-Ethnic Health Network.</p>
	<p>Center for Healthy Children and Communities // 2020-2021 // www.centerhcc.org</p> <p>Support the Adverse Childhood Outcomes (ACES) Aware Initiative with key informant interviews with rural, urban, and Tribal health providers serving American Indians and Alaska Natives in California.</p>
	<p>Shores of Hope // 2018-Present // www.shoresofhope.org</p> <p>Design evaluations for projects building capacity of youth transitioning out of the foster care system. Proposal review and development.</p>
	<p>CityServe Network // 2020-Present // www.cityserve.us</p> <p>Local evaluation plan development for multiple state-funded projects to address job training, nutrition sustenance programs, and case management services for persons formerly incarcerated in the California Central Valley. Data training series to build capacity of local staff to adhere to HIPAA-compliant evaluation protocols and best practices in data collection.</p>
	<p>Veritable/Good Consulting // 2020 // www.vgconsulting.org</p> <p>Provide literature synthesis and strategic planning to achieve existing recommendations for an environmental justice strategic planning and operationalization effort.</p>
	<p>True Management Services // 2019-Present</p> <p>Proposal development, grant writing, evaluation planning, logic models, strategic design and development of community interventions.</p>
	<p>Public Health Institute // 2020 // www.phi.org</p> <p>Workshop planning and review for California county public health accreditation coordinators to engage with tribes in their jurisdictions.</p>



Facente Consulting // 2020 // www.facenteconsulting.com

Public health research and evaluation services, including capacity building for a consortium of stakeholders to better understand the transmission of COVID-19, risk reduction strategies, and effectively interpreting local data.



California Department of Public Health // 2020 // www.cdph.gov

Develop a strategic plan for the Center for Healthy Communities' School Based Health Center workgroup, which addresses gaps and barriers children face accessing mental and physical health services.

PRIOR PUBLIC HEALTH, RESEARCH, AND EVALUATION EXPERIENCE

PUBLIC HEALTH INSTITUTE

2011-2019 // Research Program Manager

CALIFORNIA RURAL INDIAN HEALTH BOARD, INC.

CALIFORNIA TRIBAL EPIDEMIOLOGY CENTER

2007-2011 // Research Associate & Evaluation Project Coordinator

SAN DIEGO STATE UNIVERSITY RESEARCH FOUNDATION

2005-2007 // Research Project Coordinator

[{view Becky's resume}](#)